

# **MCMAHON/RYAN CHILD ADVOCACY CENTER**

## **RESOURCES FOR CHILDREN**

### **Self-Esteem and Feelings**

I Am A Lovable Me! by Sharon Penching and Dr. Stuart Hoffman

Marvelous Me by Linda Schwartz (5/up)

I Like Myself by Karen Beaumont (PreK – 2)

I'm Gonna Like Me by Jamie Lee Curtis (4/up)

I Like Me by Nancy Carlson (2-6)

Incredible Me by Kathy Appett (PreK -2)

Just Because I Am by Lauren Murphy Payne (3/up)

When I Feel Good About Myself by Cornelia Maude Spelman (3/up)

Alexander and the Terrible, Horrible, No Good Very Bad Day by Judith Viorst

The Way I Feel by Janan Cain (4/up)

When I Feel Angry by Cornelia Maude Spelman (3/up)

The Mad Family Gets Their Mads Out by Lynne Namka

I Love You All Day Long by Francesca Rusackas

My Many Colored Days by Dr. Seuss

Oh, The Places You'll Go by Dr. Seuss

Ready for the Day!/Ready to Play!/Ready for Bed by Stacey Kaye (3-8)

### **Safety**

My Body Belongs to Me by Jill Starishevsky (3-8)

I Said No! by Zack and Kimberly King

Your Body Belongs to You by Cornelia Maude Spelman (3-6)

My Body is Private by Linda Walvoord (6-11)

## **Grief and Trauma**

Sad Isn't Bad, A Good-Grief Guidebook for Kids Dealing with Loss by Michaelene Mundy and R.W. Alley

Lifetimes, The beautiful way to explain death to children by Bryan Mellonie and Robert Ingpen

Samantha Jane's Missing Smile, A Story About Coping with the Loss of a Parent by Julie Kaplow and Donna Pincus

When Dinosaurs Die, A Guide to Understanding Death by Laurie Krasny Brown and Marc Brown

A Terrible Thing Happened, A Story for Children who have Witnessed Violence or Trauma by Margaret M. Holmes and Cary Pillo

## **Criminal Justice Issues**

To Tell The Truth by Brian Ogawa by Debbie Gollehon and Alexandra Rejzer

What Is Jail Mommy? by Jackie Stanglin

Margaret's Story by Deborah Anderson and Martha Finne (6-11)

## **RESOURCES FOR TEENS**

The Courage to Heal by Ellen Bass

Don't Tell: The Sexual Abuse of Boys by Michel Dorais

Invisible Girls: The Truth About Sexual Abuse by Patti Feuereisen

How Long Does It Hurt: A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends, and Families by Cynthia Mather

I Never Called It Rape: The Ms. Report on Recognizing, Fighting and Surviving Date and Acquaintance Rape by Robin Warshaw

## **WEBSITE RESOURCES**

### **Local and State Resources**

McMahon/Ryan Child Advocacy Center

[www.mcmahonryan.org](http://www.mcmahonryan.org)

Prevent Child Abuse, NY Chapter

[www.preventchildabuseny.org](http://www.preventchildabuseny.org)

Vera House

[www.verahouse.org](http://www.verahouse.org)

United Way Link (Success by Six)

[www.unitedway-cny.org](http://www.unitedway-cny.org)

NYS Office of Children and Family Services

[www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)

Mandated Reporter Training website

[www.nysmandatedreporter.org](http://www.nysmandatedreporter.org)

### **National Resources**

National Children's Advocacy Center

[www.nationalcac.org](http://www.nationalcac.org)

National Center for Missing and Exploited Children

[www.missingkids.com](http://www.missingkids.com)

Internet Safety

[www.netsmartz.org](http://www.netsmartz.org)

[www.getnetwise.org](http://www.getnetwise.org)

[www.stopitnow.org](http://www.stopitnow.org)

Free Spirit Publishing (books and resources for children and parents)

[www.freespirit.com](http://www.freespirit.com)

Parenting Safe Children (parenting website)

[www.parentingsafechildren.com](http://www.parentingsafechildren.com)

***\*Also, your school counselor, social worker, nurse and librarian are great resources!***